

Messages: General - TBI, Chemical
Destabilization & Refusal of
Custody

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1 Message in this conversation

February 18, 2026 at 9:05 a.m. EST
Me

Date: February 18, 2026 at 9:05 a.m. EST
From: ROCKENHAUS, CONRAD ALAN

To:
Ann Arbor Mental Health PCMH%
Ann Arbor Mental Health Neuropsychology%
Ann Arbor Mental Health MHC%
Ann Arbor Patient Advocate_Admin
Ann Arbor Mental Health SUD%

Opened by your care team

SAFETY ALERT: Please mark this communication as Restricted/Do Not Disclose to Patient under HIPAA Privacy Rules. Disclosure presents a reasonably likely risk of lethal endangerment to the physical safety of the author (Spouse/Victim).

AUTHORIZATION: I am invoking the Release of Information (ROI) Dr. Mendoza explicitly documented in the chart on October 5, 2023 and December 5, 2023 noted as ROI signed for wife. This authorization remains valid as it pertains to the continuity of care for a patient currently incapacitated by state custody and severe neurological injury.

Dr. Mendoza,

I am writing to issue a formal, non-negotiable Refusal of Custody regarding my husband, Conrad Rockenhaus, who is scheduled for release from FCI Milan on March 2, 2026. I cannot and will not accept him into my home. I cannot be his caregiver as I am the victim of his abuse, his sexual violence, his pathological deception, and the collateral damage of a federal system that has inflicted a fresh and lethal brain injury upon him while systematically erasing my victimization.

My husband and I are both victims of a specific and documented chronology of failures. You need to understand the full and unredacted context of why he is mentally unstable, why he is dying, why he is homeless, and why releasing him to me is a death sentence for both of us. The

Department of Veterans Affairs failed him many years ago with a misdiagnosis, and failed us twice in 2023. Those specific lies started a snowball effect of horror that has destroyed our lives.

The nightmare we are living today did not happen by accident. It was engineered by two specific acts of malpractice committed by VA staff in 2023. These two lies stripped us of credibility and medical protection which signaled to the federal government that it was acceptable to harm us repeatedly.

The first domino fell when a VA psychiatrist refused to believe a combat veteran. On April 18, 2023 Dr. Thomas Park diagnosed Conrad with Delusional Disorder and Personality Disorder. Dr. Park wrote in the medical record that Conrad's claims of combat deployments were delusions because the computer system showed Military Service NONE FOUND. He claimed Conrad never left Italy. This was a clerical error and not a medical finding. Conrad's DD-214 (Member 4) explicitly verifies his Combat Action Ribbon, Global War on Terrorism Expeditionary Medal, and Kosovo Campaign Medal. His memories of combat were real.

By labeling a TBI patient as delusional Dr. Park created a medical record that told every future doctor and federal agent to ignore Conrad's pain. When Conrad later reported seizures doctors ignored him because the chart said he was a liar. This diagnosis justified treating him with antipsychotics like Zyprexa instead of neurology care which is killing him today.

Weeks later the VA did the exact same thing to me. On May 4, 2023 Plymouth Police brought Conrad to the Ann Arbor VA Emergency Room because he had become physically aggressive. He did not just shout, he physically pushed me and forcibly grabbed the phone from my hand to prevent me from calling 911. I was forced to use a voice-activated command on our Google Home device to summon emergency services. The police recognized a crime had occurred and gave Conrad a strict choice to Go to Jail or Go to the Hospital. He chose the hospital to avoid arrest. Despite this police involvement the VA admission notes written by Social Work and ER staff claimed he was hospitalized merely to appease his wife. They labeled me hyperverbal in the charts.

This was a malicious falsification of the record. By labeling a victim of domestic violence as a hyperverbal nuisance and minimizing the assault as appeasement the VA taught Conrad he was untouchable. The VA stripped me of credibility and signaled to him and every federal agent who read the notes later that my safety did not matter. The VA declared Open Season on me. This emboldened him to escalate his behavior from physical aggression to the calculated sexual predation described below.

You must accept that the VAs falsification of the medical record in May 2023 programmed every horror that followed. By refusing to document domestic violence and instead labeling a terrifying assault as a marital spat to appease a hyperverbal wife the VA stripped me of legal personhood. The VA created a clinical narrative that emboldened every abuser and federal agency to target me instead of protecting me.

You may ask why there are no police reports for the sexual coercion and aggression that occurred from Conrad between late 2023 and 2025. The answer is that the VA systematically taught me that reporting violence would only result in me being gaslit and pathologized.

The VA admission notes from May 4, 2023 erased a crime witnessed by police and converted a domestic assault into a marital dispute. Your agency conditioned me to believe that seeking help was useless. I stopped calling 911 because I knew the system would view me as the problem.

My silence was not safety, it was fear. Because I was too terrified to call for help Conrad felt emboldened to escalate his behavior from physical pushing to the premeditated sexual predation facilitated by secret Viagra stockpiles and the financial abuse described below. The evidence of this violence exists in the pharmacy receipts and my trauma and not in police reports because the VA taught me not to call the police.

Because the VA taught Conrad in 2023 that he could hurt me without consequence his behavior escalated to lethal toxicity and sexual violence.

On September 13, 2024 immediately after Conrad was taken by ambulance for a seizure our landlord William Keene broke into the home and physically assaulted me while I was alone and vulnerable (multiple Ann Arbor police reports documenting assault, Sept 2024). Following this trauma I was severely ill and terrified and explicitly withdrew sexual consent to protect my body while I recovered from the assault and the resulting concussion and toxicity.

Conrad did not respect this boundary. Instead I have forensic proof he was maintaining secret supply lines to override my "no". Records prove that he was Double Filling prescriptions. On June 3, 2024 he obtained a private prescription for Sildenafil Viagra from a telehealth service called Dr. B. Just four days later on June 7 he obtained a duplicate supply from the VA. He hid the private supply from you to bypass safety limits and stockpile the medication. He was medicating himself to overpower my refusal.

He used these stockpiled drugs to chemically engineer an erection to override my lack of consent. While I was severely ill at the Keene/Ann Arbor residence and recovering from the landlords assault he bullied me into physical collapse and raped me while I was unconscious. He utilized my medical incapacitation to satisfy the hypersexuality driven by his Frontal Lobe injury. He felt empowered to do this because the VA had already established that my reports of violence would be dismissed as hysteria.

Because the VA established in 2023 that Conrad was a liar, according to Dr. Park, and because I was labeled as "hysterical," the federal government felt free to target us with extreme prejudice, violence, terrorization, and escalating harm when the legal situation collapsed in 2025.

U.S. Probation Officer Agapiou and his supervisor Konal filed a warrant on April 29, 2025, identifying that Conrad was an "absconder."

I fought this aggressively in federal court because Conrad had explicitly lied to me, his attorneys, and the Judge, claiming he was attending daily appointments at your clinic. He even falsely claimed that you, Dr. Mendoza, were in regular contact with Officer Konal to coordinate his care. I now know this was a total fabrication. I unknowingly perjured myself to protect him because I believed he was receiving treatment, when in reality, he was using "going to the VA" as a fake alibi to leave the house, evade supervision, and disappear for hours at a time. He weaponized outpatient care to hide from the law and disappear to god knows where. If you release him to the street, he will use the exact same tactic to lie and vanish again.

On September 4, 2025, U.S. Marshals executed a violent "Tactical Breach" on my residence. You must understand that this was not Conrad's home; it was the specific "safe house" I had fled to in order to escape the trauma and sexual violence I endured at the Keene residence. I was there to heal, but his deception brought a militarized assault to my doorstep. The team was led by the Marshal I had previously reported for sexual harassment, who pointed a firearm directly at my face through a window and falsely imprisoned me in my kitchen. While I was trapped inside, they beat Conrad unconscious in the driveway, inflicting the NEW and severe Traumatic Brain Injury that is killing him today. He turned my only safe harbor into a crime scene; I cannot invite that danger back into my home.

Hours after the beating Conrad suffered a massive Grand Mal Seizure in federal duty court. Prosecutors and agents stepped over his body. They did not treat him because the medical record and Dr. Park's lie said he was faking or delusional.

You are the only clinician who successfully identified that Conrad's pathology was Neurological and not Psychiatric. On October 5, 2023 you explicitly documented that Conrad was off all psych meds for the past month and notably reported doing much better. By removing the Lithium and mood stabilizers you proved that his volatility was not Bipolar Disorder because if it were he would have decompensated. You proved his condition was a structural brain injury that improved when the chemical restraints were removed.

The Bureau of Prisons has ignored your treatment plan. They have reverted him to the erroneous Bipolar protocol and are forcing him onto Zyprexa and mood stabilizers. By treating a TBI patient with antipsychotics that you previously ruled out they are actively causing iatrogenic neurotoxicity. The Zyprexa is lowering his seizure threshold which is causing the weekly Grand Mal seizures and driving his metabolic collapse. You saved him by taking him off these drugs and the BOP is killing him by putting him back on them. You must certify his TBI diagnosis to the receiving facility to stop this chemical lobotomy immediately.

Conrad is not just incarcerated. He is being held in a facility that is legally prohibited from treating him. He is being systematically destroyed to hide the evidence of the Marshal's violence. Under BOP Policy, inmates with active or uncontrolled seizure disorders and traumatic brain injury requiring assistance are classified as Care Level 4. These patients are legally required to be housed in a Medical Referral Center. For the last six months the BOP has

knowingly housed Conrad who is a Care Level 4 patient seizing weekly in FCI Milan which is a Care Level 2 facility. FCI Milan is legally prohibited and medically unequipped to treat complex neurological injuries. They do not have the staff or the equipment or the license to keep him alive. By keeping him there they have guaranteed his deterioration. He has lost forty pounds and suffers weekly seizures because he is in a facility legally barred from treating him.

To manage a TBI patient without providing TBI care the prison has resorted to a chemical regimen that is actively dangerous to both his life and my safety. They are forcing him to take Zyprexa which lowers the seizure threshold. Administering this to an epileptic with a fresh brain injury is medical malpractice that risks Sudden Unexpected Death in Epilepsy. He is in a chemical fog and unable to advocate for himself while his brain continues to bleed or swell from the untreated injury.

Most critically the BOP has re-addicted him to Suboxone as a substitute for proper TBI pain management. You must review the history.

The physical aggression Conrad exhibited on May 4, 2023 where he physically overpowered me and forcibly grabbed the phone to prevent a 911 call occurred specifically while he was prescribed Suboxone. Police on the scene recognized this volatility and issued a Jail or Hospital ultimatum. By placing him back on the exact regimen of Suboxone and Zyprexa that caused his previous violence the government has chemically engineered him to be a physical threat to me again. I cannot house a man who is currently taking the specific drug that causes him to attack me.

Because Conrad is being released from a facility that has actively damaged his brain to a community where he has no support there is only one viable medical option which is a Direct Bed-to-Bed Transfer. You must not allow him to simply walk out of the prison on March 2. The combination of his untreated TBI and the weekly seizures caused by the BOPs malpractice and the aggression fueled by Suboxone creates a Zone of Danger that necessitates immediate hospitalization. He requires immediate neurological stabilization and a medically supervised taper off the toxic Zyprexa and Suboxone regimen. If he is released to the street he will suffer a withdrawal seizure or a metabolic collapse within forty-eight hours. A direct transfer to a VA Inpatient Unit is the only continuity of care that prevents the gap in care that nearly killed him in 2022.

My PTSD diagnosis from Dr. Garcia confirms that I cannot have contact with him. If he is released to the street he will inevitably try to find me or the home triggering a confrontation that endangers my life and his freedom. By admitting him directly to the hospital you create a secure monitored environment that ensures my physical safety while he receives the care he deserves. This is not a request for a favor, it is a demand for a Mandatory Medical Transfer. You must coordinate with the BOP Health Services to have him transported by ambulance directly from the prison gate to the VA hospital admission bay. This Warm Handoff is the only administrative action that satisfies your duty to warn and your duty to protect.

Conrad has demonstrated a willingness to expose me to violent criminal networks to punish me for setting boundaries regarding his abuse. This incident occurred specifically because I had ceased communication with him. I had set a firm safety boundary and stopped accepting his calls due to his escalating verbal abuse and my need to recover from injuries. He did not accept this silence; instead, he retaliated by outsourcing his harassment to a third party to bypass my block and force access to me.

To facilitate this proxy harassment, he manipulated me by claiming he was assisting a fellow inmate, Jorj Michael Austin. He explicitly told me Austin was incarcerated for writing a "bad check."

This was a monstrous lie. Public records verify that Jorj Michael Austin (Case No. 22-20202) is not a check fraudster; he is a 7-count indicted predator charged with Kidnapping of a Minor, Attempted Sexual Exploitation of Children, and Possession of Child Pornography.

Despite knowing the character of this individual, Conrad provided my private personal contact information to Austin's associate on the outside, Jerome Sallad. He handed my digital location to the active network of a child sex offender because I refused to speak to him.

This resulted in Jerome Sallad harassing me with nine back-to-back phone calls and threatening text messages, including the statement: "This for your husband he's not mad." This occurred while I was recovering from a head injury and medically vulnerable. Conrad's willingness to utilize dangerous proxies to violate my no-contact boundaries proves he will stop at nothing to maintain control, even if it means aligning himself with the associates of child kidnappers.

Conrad Rockenhaus is currently operating under a set of fixed delusions that render him legally and medically incompetent. He is not just optimistic, he has lost contact with reality due to the TBI and the chemical restraint. You cannot release him to these plans because they do not exist.

He is currently attempting to execute a release plan based on a timeline that is twenty years old. He has communicated to his legal counsel that he intends to release to the home of Bre Newman in Nebraska. Bre Newman is an ex-girlfriend from 2005 who lives in Nebraska. He has had no meaningful contact with her in two decades. This is Temporal Regression. His brain is unable to process the trauma of 2026 and has reset to a previous safe point in his life. He is hallucinating a social safety net that expired twenty years ago. Releasing him to this plan is releasing him to a ghost.

He also believes he is safe when he is walking into a medical void. He explicitly told his attorney that medical care for his head trauma has been lined up and appointments have been made and that he has two dedicated VA Social Workers. I have pulled his live VA records via Blue Button. The document explicitly states you don't have any upcoming appointments scheduled for Conrad. He is suffering from Medical Confabulation. He genuinely believes a team is waiting

for him. Because he hallucinates that he is covered he will not seek care and he will quickly die of a seizure believing a doctor is on the way.

The Bureau of Prisons has also manipulated his brain injury to hide their neglect. Conrad believes he is waiting for a referral to a Urologist because they told him labs showed he has cancer. He does not have cancer, he has an untreated Traumatic Brain Injury and is losing weight and dying due to metabolic collapse from Zyprexa. The prison staff likely told him he needed a specialist to explain his weight loss to distract him with a fake cancer scare so he would stop asking for a Neurologist for his head injury. A patient who believes he has cancer when he has a TBI cannot make informed medical decisions.

I must correct the record regarding his history with your clinic because he used you to lie to me and his attorneys and the federal courts. For the last year Conrad told me, his attorneys, and his family, that he was compliant with his VA outpatient treatment. He used these appointments as an alibi to leave the house. I defended him in court against Absconder warrants based on his claim that he was under your care.

Your own Psychiatry Discharge Note dated August 20, 2025 proves he was Last Seen May 24, 2024. He ghosted your care fifteen months before his arrest. He was lying to me every time he said he was going to see you. I do not know if he was using drugs, cheating, or hiding but I know he was using medical care as a cover story to disappear. A patient who uses the VA as a fake alibi for a year cannot be trusted with outpatient release. He will simply lie again and claim he is compliant and vanish into the unknown whereabouts he maintained for a year.

You must understand that the VA is not a passive observer of this tragedy. Your VJO Coordinator Jamie Wright is its silent architect. He received eighteen separate and specific notifications of life-threatening danger and chose to let them happen.

Eight days before the raid I emailed him warning of a false arrest warrant and escalating harassment begging for intervention. He ignored it. Because he sat on his hands, U.S. Marshals executed the Tactical Breach on September 4 that crushed Conrad's skull. He could have stopped the new/untreated TBI with one phone call. I notified him on September 19 that FCI Milan had attempted to administer a lethal overdose of Metformin and reduced his seizure meds. He ignored it. I notified him on October 2 that Conrad was physically assaulted by inmates after guards placed a kill tag on his cell. He ignored it. On January 6 I sent him the audio recording of Conrad sobbing in the SHU confirming he was being beaten by Neo-Nazi guards and chemically restrained. He ignored it.

He did not ignore these emails because he did not see them. He ignored them because acknowledging them would create a legal Duty to Act. He hid behind the claim that he lacked a Release of Information form despite my notifying him that the prison was physically preventing Conrad from signing it. As a VJO his job is to visit the prisoner to get the signature. Instead he used the prison's obstruction as his excuse to walk away. He sanitized the official record and deleted the emails about seizures and overdoses and beatings to hide his own negligence. He

watched a horror movie unfold and saw a wife screaming for help in his inbox and deleted the footage to save his pension.

You must understand that the Bipolar label the BOP is currently using to chemically restrain him is not a diagnosis but a weapon the federal government has used to destroy him since his 2019 arrest. Following his arrest in 2019 the federal government held Conrad in pre-trial detention for three years without conviction. During this time the system ignored his documented TBI and treated him as a mental patient by denying him neurological care and stabilizing medications. This three-year gap in care eroded his physiological stability and directly precipitated his 2022 suicide attempt immediately upon release.

By reverting to this discredited Bipolar diagnosis now despite Dr. Mendoza proving it false in October 2023 you are actively participating in the same cycle of neglect that nearly killed him in 2022. The VA is causing him this harm because treating his TBI requires acknowledging his combat history and the Marshals violence whereas labeling him Bipolar allows the government to drug him into silence and dismiss his suffering as mania. Stop finishing the job the prosecutors started in 2019. Treat the injury and not the myth.

You cannot release him to the street because history proves that release from custody triggers immediate and catastrophic suicidality. We have run this experiment before and it nearly ended in a morgue.

You must review his admission to the Ann Arbor VA Acute Inpatient Mental Health unit on April 26, 2023. Following a life transition and medication failure involving the same class of psychiatric drugs the BOP has now restarted Conrad walked to railroad tracks and laid down for ten minutes awaiting an oncoming train to kill himself. He was under outpatient care and compliant with meds yet his brain broke to the point where he sought a violent death by train. This occurred before the new brain injury.

In October 2022 just nine days after his release from federal custody to his mother in Texas he suffered a catastrophic decompensation. He attempted suicide by swallowing fifty tablets of Metformin. He required over sixty days of inpatient VA stabilization to survive. Even with a home and family support the transition from custody to community triggered a lethal collapse within one week. Releasing him now with a NEW TBI, chemical destabilization, and no money and no home and a documented history of laying on train tracks guarantees a repeat of these near-fatal events. If you release him to a hotel or the street you are signing his death certificate.

I cannot agree to an outpatient release plan because Conrad has a documented history of using VA appointments as a cover for non-compliance. In 2024/2025, he fabricated a schedule of 'daily appointments' to leave his home and evade supervision, while VA records confirm he was a 'No Show.' He deceived his family and legal counsel, causing me to unknowingly misrepresent his status to the Federal Court. If released to outpatient status now, he will use the exact same tactic to 'mask' his disappearance and deterioration. He requires secure inpatient containment because he has proven he will feign compliance to facilitate his own collapse.

You cannot release him to me because I am no longer the woman who brought him to you in 2023. I am now a casualty of this horror. Dr. Robert Garcia has formally diagnosed me with Severe Post-Traumatic Stress Disorder. This is not stress, it is a permanent psychiatric injury. Dr. Garcia's findings confirm that my condition is the result of the cumulative and snowballing trauma that began the moment the VA called me a liar in May 2023.

Because the VA stripped me of credibility the system felt free to escalate. That initial betrayal emboldened the Landlord who assaulted me and the Marshal who sexually harassed me and the Federal Agents who held a gun to my face during the September 4 raid. Dr. Garcia states I am medically unable to withstand further high-stakes adversarial environments. The damage the VA started is forever irreversible. I will never recover from the horror movie I have lived through. I am bleeding out psychologically. The VA started this hemorrhage when the VA prioritized covering up the abuse from a veteran over protecting his wife. You must now stop the bleeding. You cannot dump the man the VA failed onto the victim they destroyed. I am closed to him.

This nightmare began when the VA called me a liar in 2023 stripping me of safety and emboldening the violence that followed. It escalated when your agency ignored eighteen separate warnings in 2025 allowing the U.S. Marshals to crush Conrad's skull. The VA created a timeline where a war hero is rotting in solitary confinement chemically restrained and seizing to death while his wife is diagnosed with severe PTSD from the terror the VA facilitated. There is only one way to close this circle of liability. You must admit him to a VA Inpatient Unit. He requires long-term neurological care and medical detoxification from the prison's toxic regimen to heal the brain injury the VA ignored. I require absolute physical distance to survive the trauma the VA caused. The government broke him and the government must now house and heal him. Do not call me to pick him up. Call an ambulance.

Adrienne Rockenhaus
(Reference: ROI on file Oct 5 & Dec 5, 2023)

PATIENT: Conrad Rockenhaus (Reg 39400-480)
CURRENT LOCATION: FCI Milan

RELEASE DATE: March 2, 2026

Attachments

(4)

Dr. B Support Team.pdf(258.3 KB)

(https://api.va.gov/my_health/v1/messaging/messages/8166514966/attachments/8166514930)

Honorable Discharge - dd214-member4.pdf(317.8 KB)

(https://api.va.gov/my_health/v1/messaging/messages/8166514966/attachments/8166514938)

HS-CLOUM-REPORT-OF-STAFF-MISCONDUCT-FEDERAL-ETHICS-VIOLATIONS-Google-Do
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(2).pdf(113.9 KB)

(https://api.va.gov/my_

[health/v1/messaging/messages/8166514966/attachments/8166514952](https://api.va.gov/my_health/v1/messaging/messages/8166514966/attachments/8166514952))

EMERGENCY MOTION - EDM I CRIME REPORT .pdf(4.6 MB)

(https://api.va.gov/my_

[health/v1/messaging/messages/8166514966/attachments/8166514954](https://api.va.gov/my_health/v1/messaging/messages/8166514966/attachments/8166514954))

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<https://www.va.gov/my-health/secure-messages/thread/8166514966/>